



# SONJA MONTIEL

SHE SPEAKS

20 YEARS +

4 COUNTRIES +

1000 FAMILIES +

2 TEEN DAUGHTERS =

EXPERIENCE

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## MOST POPULAR TOPICS

### Become the W.O.W. Factor in Your Teen's Life

*Target audience: parents*

Refuse to accept the myth that teens are not supposed to get along with their parents. Instead, more than ever, parents need to have an emotional connection with their teens as they transition to young adulthood. Let's talk about how to become the W.O.W. Factor in your teen's life:

w = Wise

O = Opportunity Educator

W = Wealth of Love, Empathy, and Patience

### What Colleges Really Want to Know

*Target audience: parents and/or teens*

Why are colleges asking for specific requirements? What is it that colleges are looking for to build their incoming class? Listen to the truth about what the application requirements reveal.

### Which Path After High School?

*Target audience: parents and/or teens*

Should teens go straight to a 4-year college, attend a 2-year college first and then transfer, or maybe take a job or get a certificate for a skill? Let's talk about how teens and their families can make the best decision after high school. We will look at readiness, affordability, and alignment with future goals.

### Building Teams

*Target audience: organizations and companies*

I build teams. I was born to connect the most diverse group of people to celebrate their personalities and talents, and discover a way to build a force to be reckoned with. Learn strategies and actionable steps to take your team from wannabe to powerhouse.